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Kyu Blue 3rd Kyu Brown 2nd Kyu Brown 1st Kyu Brown
SHODAN Black Belt Front, Back, Horse, Attention,
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Kata - Thepopculturecompany.com The Execution Of
The Three-minute Kata, Which Comes From The Four
Main Styles Of Karate--Goju-Ryu, Shito-Ryu, Shotokan-
Ryu And Wado-Ryu--is Scored Based On Speed,
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