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1964,1966). However, Most Hypnotherapy Is Ahistorical And, It Would Seem, Faster. If We Wanted To Change The Direction Of A River It Might Be Much Easier To Work On The Main Current Directly (once It Had Been Located) Rather Than Going Back Upstream, Locating All The Tributaries, And Pointing Each One In A New Direction.
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Combining CBT With Hypnotherapy In The Psychotherapy Of Depression. Based On This Model, Alladin (1994, 2006a, 2007, 2008) Developed An Evidence-based Multimodal Approach, Known As Cognitive Hypno-therapy (CH), For The Treatment Of Clinical Depression, Which Can Be Applied To A Wide Range Of Depressed Patients. CH Has Been Empiri- Feb 1th, 2024

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To Hypnotherapy Because They Know The Importance Of The Body-mind-spirit Connection In All Areas Of Healing And Self-improvement. Hypnotherapy And Its Accompanying Healing Protocols Are Rapid And Effective Approaches To Understanding And Modifying Perceptions, Beliefs, Communication And Behavior, As Well As Accelerating Self-awareness And Change. Jul 4th, 2024

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Psychiatric Hypnotherapy, As Practiced Today By The Leading Practitioners In The

Field, Has In Common With All Other Forms Of Modern Psychiatric Treatment That It Concerns Itself Not Only With The Presenting Symptoms But Chiefly With The Dynamic Impasse In Which The Patient Finds Himself And With His Character Structure (Alexander, 1965). Apr 2th, 2024

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